

# The Luminous Path: An Examination of the Bodhisattva Ideal in Chapter Twenty-Three of the Lotus Sūtra

## The Lotus Sūtra and the Apex of Devotion

Chapter Twenty-Three of the *Lotus Sūtra*, titled "The Former Deeds of the Bodhisattva Medicine-King," represents a pivotal exposition of the Mahayana Buddhist path. It stands as a profound narrative that elevates the practice of gratitude and selfless devotion to its most extreme and symbolic form. The chapter is not merely a recounting of a past life but a pedagogical tool designed to illustrate the nature of an unwavering, tireless commitment to the welfare of all beings. The narrative arc, which begins with a supreme offering and culminates in a vow to heal the world, serves as a blueprint for the modern practitioner to embody a state of "true vigor" and transform their own life and the world around them.<sup>1</sup>

This report aims to deconstruct the events and symbolism within this chapter. It will analyze the central figures, the pristine setting, and the profound, and often misunderstood, act of self-immolation. The analysis posits that the story of Medicine-King Bodhisattva is not a literal instruction for ascetic practice but a powerful metaphor for the cultivation of ultimate wisdom and compassion, a process by which an individual purifies the self to become a source of light for others. By unpacking this timeless narrative, the report provides a framework for how one can "purify this world" through a dedication that is both intellectually rigorous and spiritually transformative.

## The Narrative Unveiled: The Former Deeds of a Bodhisattva

### Characters and Setting: The Purity of Cause and Effect

The central figures of the narrative are the Bodhisattva Gladly-Seen-By-All-Beings (*Sarvasattvapriyadarshana*) and the Buddha Virtue Pure and Bright Like the Sun and Moon. The Bodhisattva's very name, which means "delighted in by all living beings," is a testament to the radiant effect of his compassion. His mere presence brings joy to the eyes, ears, and minds of those he encounters.<sup>2</sup> The narrative reveals that this Bodhisattva is the previous life of Medicine-King Bodhisattva (

*Bhaiṣajyarāja*), a name that signifies his vow and capacity to cure the spiritual and physical "illnesses" of all sentient beings.<sup>4</sup> This connection establishes a direct causal relationship between his past ascetic practices and his present role as a great healer.

The object of his devotion, the Buddha Virtue Pure and Bright Like the Sun and Moon, is a personification of the Buddhist ideal of wisdom and compassion. The Bodhisattva's verses of praise, "Your face is most wonderful. Your light illumines the worlds of the ten quarters," are a recognition that the Buddha's physical form is a manifestation of his inner enlightenment.<sup>6</sup> This symbolic link between the Buddha's physical countenance and his spiritual qualities provides a powerful visual framework for the narrative's central themes.

The setting for this exchange is a purified land, described as being as "level as the palm of one's hand" and adorned with jeweled trees, nets, and banners.<sup>6</sup> This description of a pristine environment, made of lapis lazuli and free from suffering and strife, may seem disconnected from the query's focus on purifying the Saha world of "delusion and ignorance." However, the Buddhist commentaries on the text draw a profound link between the external environment and the internal state of its inhabitants. The ground is level "Because the people's hearts were level".<sup>2</sup> This principle establishes a fundamental Mahayana concept: the external world is a direct reflection of the collective internal state of its beings. Therefore, the purification of a world is not a divine, external act but a collective, internal transformation. The Pure Land is not merely a physical destination but a state of being, a culmination of the purified minds of its inhabitants.

## **The Path of Arduous Practices: A Journey of Vigor**

The Bodhisattva's journey to his supreme offering is a testament to extraordinary effort and "true vigor".<sup>1</sup> The narrative emphasizes that he applied himself with immense diligence, "single-mindedly seeking Buddhahood for a full twelve thousand years" before attaining a profound state of spiritual concentration.<sup>2</sup> This monumental effort culminated in the attainment of the "samadhi of the manifestation of all physical forms".<sup>6</sup> This state of concentration is not merely a spiritual superpower; it enables him to take on "any kind of living

being" to teach and save them from their suffering.<sup>2</sup>

The text explicitly states that the Bodhisattva's joy and his resolution to make his supreme offering came *after* he attained this samadhi, a direct result of hearing the teachings of the *Lotus Sūtra*.<sup>3</sup> This chronological sequence establishes a critical causal relationship: the spiritual power and deep understanding gained from the teachings are a prerequisite for the "true" offering. The act is not one of blind faith or emotional impulsivity but is a deliberate and controlled demonstration of liberation from the attachment to the physical self.

## **The Supreme Offering: A Meticulous Reconstruction**

The story details two distinct acts of supreme offering. The first, and most dramatic, occurs after the Bodhisattva's long period of cultivation. For a full twelve hundred years, he meticulously prepared his body by consuming various kinds of fragrant incenses and drinking the oils of flowers.<sup>6</sup> He then wrapped himself in heavenly robes, bathed in fragrant oils, and, in the presence of the Buddha, set his body ablaze as a Dharma offering to the Buddha and the

*Lotus Sūtra*.<sup>6</sup> His body burned for an astonishing twelve hundred years, illuminating countless worlds.<sup>6</sup>

The narrative then takes a miraculous turn, as upon the conclusion of this life, he was reborn "suddenly by transformation, seated in full lotus".<sup>6</sup> He immediately spoke a verse to his father, the king, acknowledging that he had sacrificed his beloved body to seek unsurpassed wisdom.<sup>6</sup> The second offering took place after the Buddha Virtue Pure and Bright Like the Sun and Moon entered

*parinirvana*. Deeply grieved, the Bodhisattva collected the Buddha's relics, built eighty-four thousand pagodas, and, still feeling his offerings were insufficient, burned both of his arms in an act of profound devotion.<sup>8</sup> The text states that his arms were miraculously regenerated due to the power of his great vow.<sup>8</sup>

## **The Act of Self-Immolation: A Deconstruction of Symbolism and Philosophy**

## **The Nature of the Offering: More Than a Body**

The Bodhisattva's self-immolation is universally praised by the Buddhas, who declare it the "most honorable, the supreme" gift.<sup>1</sup> It is called a "true Dharma offering to the Thus Come One," surpassing all other material and even non-material offerings, including the sacrifice of one's countries, cities, wives, and children.<sup>6</sup> The act's value is not in its extremity but in what it represents: a total and complete dedication of oneself to the Dharma.

## **Transcending the Physical Form: The Liberation of the True Mind**

The commentaries on the chapter are careful to clarify the philosophical underpinning of the Bodhisattva's act. The self-immolation was not an act of pain but a demonstration of ultimate liberation from attachment. The Bodhisattva, having attained a high level of concentration, understood the body to be a "false combination of the four elements—earth, air, fire, and water".<sup>2</sup> This understanding allowed him to transcend the physical suffering. The text reveals a crucial philosophical point: the true value of the offering lies not in the physical act but in the internal state of the practitioner. Commentaries state, "You shouldn't make the mistake of thinking the Buddha likes burned bodies as offerings. That's not it at all. The Buddhas did not like the stink. They were pleased with his true mind".<sup>2</sup> The external act is a powerful visual metaphor for the complete relinquishing of the attachment to the physical self, which is the primary obstacle to liberation. The offering is a profound expression of a mind freed from the delusion of a permanent, individual self.

## **A Scholarly and Commentarial Perspective: The Locus Classicus of Controversy**

The story of Medicine-King Bodhisattva serves as a "locus classicus" for the practice of self-immolation in Buddhist literature, and the theme of "relinquishing the body" is found in other scriptural accounts of the Buddha's past lives.<sup>1</sup> This has led to a varied and often controversial history of interpretation. Some have viewed the story as an inimitable marker of a superior spiritual attainment, an act that distinguishes the saints from ordinary practitioners, while others have interpreted it as a model for literal emulation.<sup>1</sup>

However, the most nuanced and compelling interpretation is that the story is a pedagogical *upāya*, or skillful means.<sup>8</sup> It is designed to shock and inspire practitioners, demonstrating the level of resolve required to follow the Bodhisattva path. While the act itself garnered immense

praise, the Buddha ultimately teaches that the merits of the bodily offering "cannot surpass the merits of those who accept and embrace the Lotus Sutra".<sup>8</sup> This suggests that the story is not an end in itself but a means to an end—to inspire the practitioner to develop a similar level of commitment and a mind of genuine faith and non-attachment.

Act	Symbolism
Burning the Body <sup>6</sup>	Ultimate non-attachment to the physical self; the "true mind" as the true offering <sup>2</sup>
Body Burning for 1,200 Years <sup>6</sup>	The boundless duration of a Bodhisattva's compassionate deeds; a ceaseless offering <sup>11</sup>
Immediate Rebirth in Lotus Position <sup>6</sup>	The immediate and boundless merit of the act; a demonstration of supreme liberation and control over rebirth <sup>8</sup>
Burning the Arms <sup>8</sup>	A second, equally profound offering of devotion; a continuation of the vow even after the Buddha's passing
Regeneration of the Arms <sup>8</sup>	The limitless power of the great vow; a sign that true sacrifice is not a loss but a transformation

## The Metaphor of Light: Wisdom, Compassion, and Illumination

### Your Light Illumines the Worlds

The Bodhisattva's opening verse praises the Buddha's light, which "illuminates the worlds of the ten quarters".<sup>6</sup> This powerful image draws on a central Mahayana concept: light as the quintessential metaphor for enlightenment and wisdom (

*prajñā*).<sup>12</sup> The Buddha's emission of light is a miraculous, salvific performance that dispels the

darkness of ignorance and reveals the truth of the universe.<sup>12</sup>

The *Lotus Sūtra* expands this symbolism by directly linking wisdom with compassion (*karuṇā*).<sup>13</sup> The light of the sun and the moon is described as a "function of compassion".<sup>13</sup> The entire universe is a "great living entity carrying out activities of compassion from the beginningless past through the eternal future," and this vast organism is identified as the eternal Buddha.<sup>13</sup> This perspective establishes that compassion is not merely an emotional response but an active, universal principle that pervades all phenomena.

## **The Buddha's Radiance and the Bodhisattva's Reflection**

The Buddha's countenance is described as "most wonderful" because it is a physical manifestation of his enlightenment.<sup>6</sup> His radiance is a transformative force that acts upon all beings. The Bodhisattva, through his rigorous cultivation and supreme offering, becomes a vessel for this light. The act of self-immolation, which illuminates "an equivalent of eight billion Ganges's sands of worlds," is a literal fulfillment of the Bodhisattva's own praise.<sup>8</sup> The burning of his body is therefore not an act of destruction but of purification and transformation. The body, meticulously prepared with fragrant oils and jeweled robes, is transformed into a light-emitting beacon of the Dharma.<sup>6</sup> This is a profound allegory for the practitioner who, by purifying their mind and embodying the Dharma, can become a source of light for all beings and a force for positive change in the world.

## **Awakening the Bodhisattva Nature: The Path to Purification**

### **The Bodhisattva Ideal: A Universal Vow**

The user's query concludes by stating, "When we awaken our nature as Bodhisattvas, and resolve to use the Buddha's teachings to purify this world..." This reflects the core tenet of Mahayana Buddhism, which posits the Bodhisattva path as the central, universal, and highest path to enlightenment.<sup>14</sup> This ideal stands in contrast to the Arhat ideal, which Mahayana texts view as a goal of self-liberation, a path that is a "sidetrack" or "selfish" compared to the selfless, compassionate Bodhisattva path.<sup>15</sup>

The essence of the Bodhisattva ideal is the vow to delay one's own final enlightenment to remain in the cycle of samsara to save all sentient beings.<sup>15</sup> This vow is rooted in the realization of non-duality and interconnectedness—the understanding that one's own happiness is impossible while others remain in misery.<sup>13</sup>

Topic	Mahayana Ideal (Bodhisattva)	Theravada Ideal (Arhat)
<b>Objective of Training</b>	Buddhahood for all beings <sup>15</sup>	Arhatship (self-liberation) <sup>15</sup>
<b>Central Virtue</b>	Compassion ( <i>karuṇā</i> ) <sup>15</sup>	Wisdom ( <i>prajñā</i> ) <sup>15</sup>
<b>Vow</b>	To help all beings before one's own final liberation <sup>16</sup>	To achieve one's own liberation from the cycle of rebirth as quickly as possible <sup>15</sup>
<b>Rebirth</b>	May delay liberation to be reborn in samsara to help others <sup>15</sup>	Seeks liberation from the cycle of rebirth <sup>15</sup>
<b>Universal Potential</b>	All beings have inherent Buddha-nature <sup>14</sup>	Potential for Buddhahood is a rare and special path <sup>16</sup>

## Purifying the World: From Personal Karma to Cosmic Transformation

The query's aspiration to "purify this world" is a direct application of the Bodhisattva ideal. This process begins with personal purification. The practitioner must first cleanse their own life and karma, not out of a sense of guilt, but through a conscious effort to rectify past negative actions using methods such as the "four opponent powers" of regret, reliance, remedy, and resolve.<sup>19</sup> The ultimate force of this purification is the realization of emptiness.<sup>20</sup>

The story of Medicine-King Bodhisattva serves as an allegory for this process. The Bodhisattva's twelve thousand years of practice and his attainment of samadhi are a representation of his personal purification and accumulation of merit. This purified state is what allows him to then act as a healer and transformer for others.<sup>2</sup> This personal transformation, when undertaken by countless individuals, leads to collective purification. The

"three-time purification of the lands" described elsewhere in the

*Lotus Sūtra* is a cosmic analogue of this process.<sup>21</sup> This act by the Buddha is a metaphorical representation of the collective effort required to transform a defiled world into a pure one. The story demonstrates that the most extreme dedication to the Bodhisattva path has the power to light up the cosmos, making the path itself the very mechanism by which the world is purified.

## Conclusion and Recommendations: A Path for Today

The story of Medicine-King Bodhisattva is a powerful testament to the transformative power of gratitude and an inexhaustible commitment to the welfare of all beings. The ultimate expression of gratitude to a Buddha is not a material offering but a life dedicated to repaying the Buddha's kindness by continuing the work of helping others.

The narrative provides actionable recommendations for the modern practitioner:

- **Cultivate "True Vigor":** The Bodhisattva's twelve thousand years of practice are a call for unwavering, diligent, and patient effort in one's own spiritual cultivation. This is the foundation from which all compassionate action arises.<sup>2</sup>
- **Embody Selfless Compassion:** The self-immolation is not a literal instruction but an allegory for using one's body as a vehicle for compassionate action, not a source of attachment. The modern "offering" is using one's life force to alleviate the suffering of others and to become a living embodiment of the Buddha's teachings.<sup>5</sup>
- **Contribute to World Purification:** The path to purifying the world begins with personal, internal purification and then extends to external, compassionate action to heal the "illnesses" of society. This dynamic linkage of inner change and outer action is at the heart of the modern Bodhisattva ideal.<sup>22</sup>
- **Repay the Good:** The highest form of repayment for the Buddha's teachings is the act of becoming a Bodhisattva oneself. In this way, the practitioner becomes a living link in the chain of compassionate action, continuing the Buddha's work and ensuring that the light of the Dharma continues to illuminate the world.<sup>6</sup>

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